

Senior Center of the Chathams

Be Active. Be Connected.

2019 Annual Report

OUR MISSION STATEMENT

The Senior Center of the Chathams is a not-for-profit agency which encourages the independence and well-being of seniors and their families in the greater Chatham area by connecting them with each other and the community at large. Since 1990 we have helped older adults age in place by providing a wide array of activities and services that educate, empower and promote community engagement.

2019 HIGHLIGHTS

650+

Active
Members

80+

Programs &
Services

1,500+

Bus Rides

11,000+

Visits



Senior Center of the Chathams

Be Active. Be Connected.

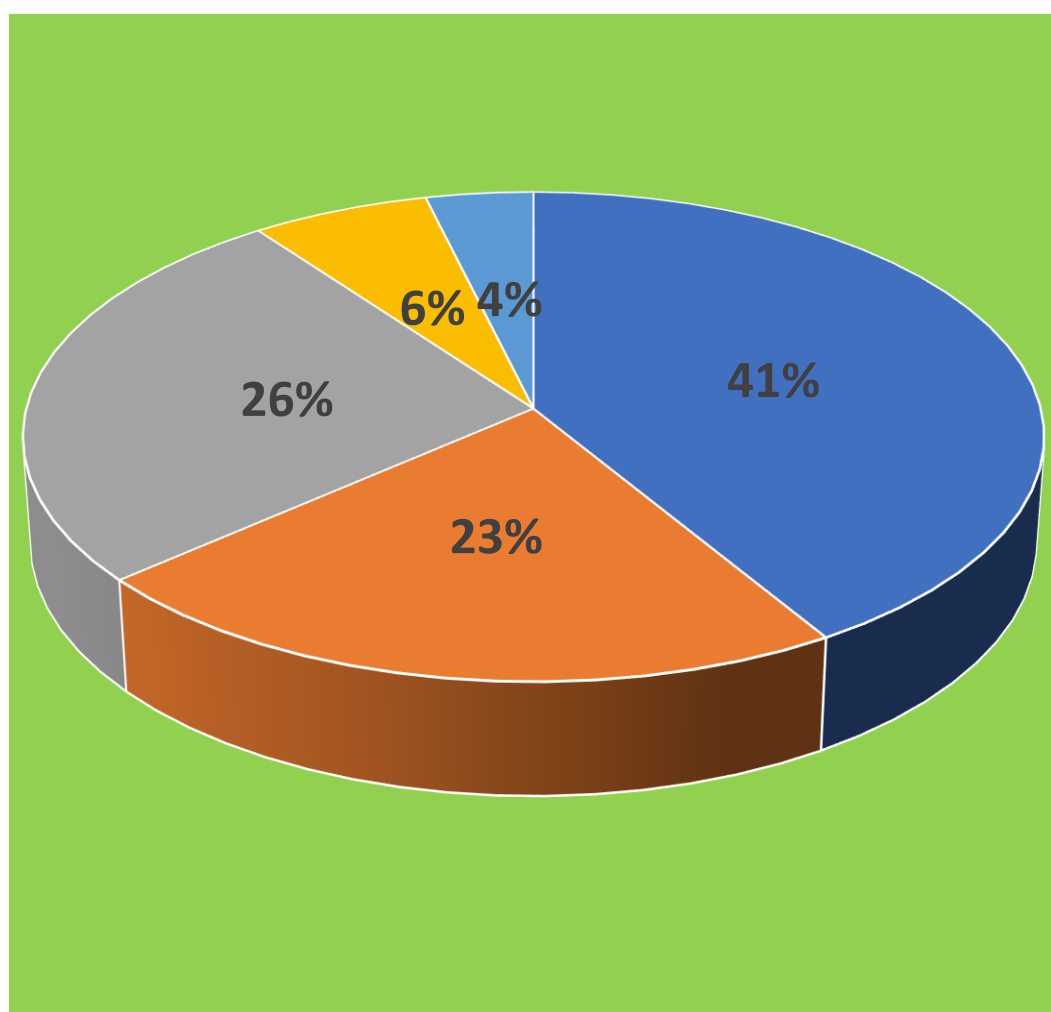
2019 Annual Report

HOW WE OPERATE

Half of our funding comes directly from the community (donations & fundraising)!

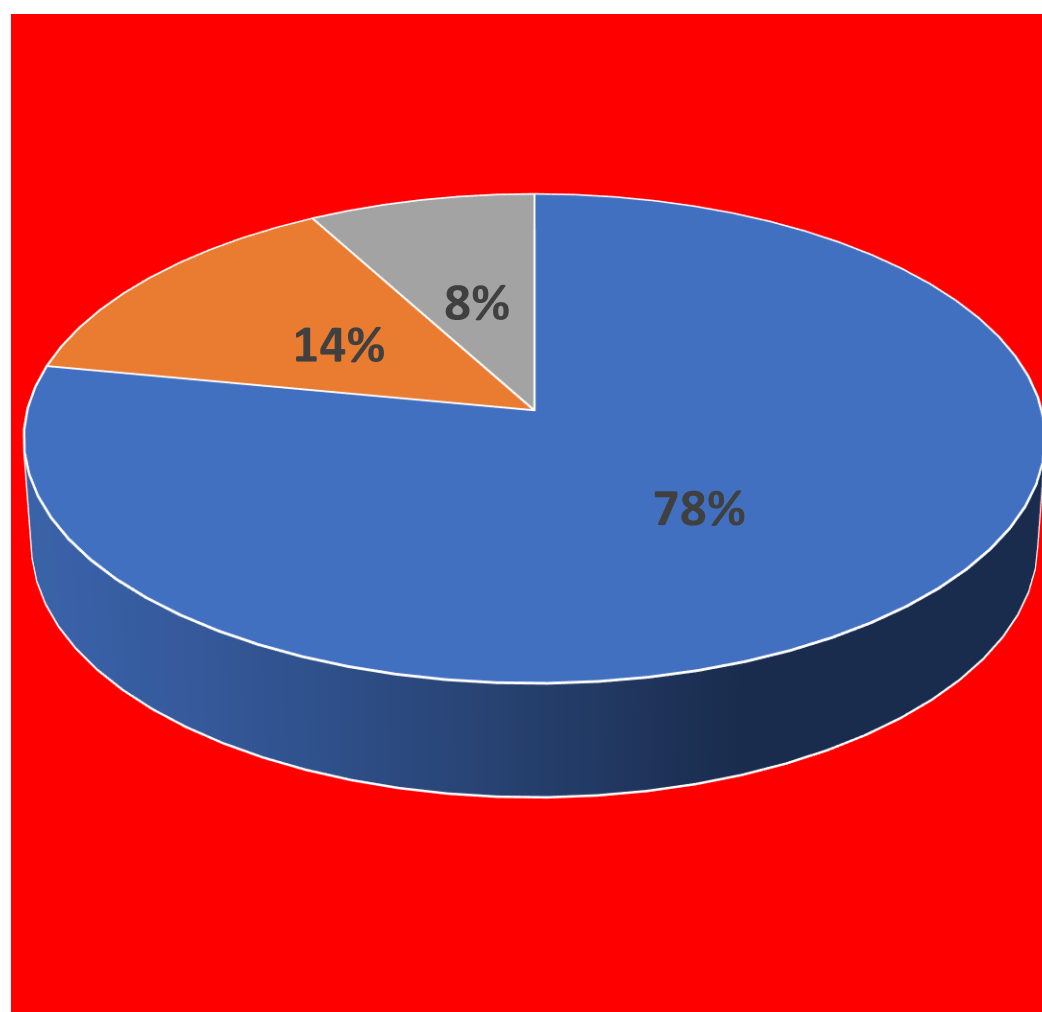
47%

Income



- Donations
- Government
- Grants
- Program Revenue
- Fundraising Events

Expenses



- Programs
- Management
- Fundraising

Individual donations account for the largest source of income for the Center!

41%

More than 75% of expenditures go to programs that serve our Seniors!

78%

Senior Center of the Chathams

Be Active. Be Connected.

2019 Annual Report

WHAT WE PROVIDE

Fitness and Wellness

Programs that promote wellness and healthy lifestyles

Fall Prevention Forum, Tone & Flex, Tai Chi, Chair Zumba, Basketball, Pickleball, Golf Lessons

Enrichment

Activities that promote lifetime learning

Guest Lectures, Documentary series, Musical Performances, Painting & Drawing Classes

Support & Connection

Programs that facilitate connection

Support Groups & Counseling (all run by a licensed social worker), Men's Discussion Group, Knitting

Information/Resource

Education and Advocacy

Presentations On Medicare Advocacy, Aging in Place Options, Tax Filing and Advanced Directives

NEW PROGRAM HIGHLIGHTS

Memor Writing Series: "Everyone has a story to tell and our teacher somehow manages to keep track of every story – listening, probing, encouraging" – Marysa Trimarchi

Series on Positive Aging: This series of seminars and workshops help promote positive aging – the process of maintaining a positive attitude, keeping fit and healthy and engaging fully in life as you age.

"Ted Talk" Series: These "ted talk"-like presentations focus on a variety of interesting and topical issues (the Science of Happiness, the Future of Pharmacy, Self-driven Automobiles, Global Climate Change).

Senior Center of the Chathams

Be Active. Be Connected.

2019 Annual Report

HOW WE OPERATE

Our Staff

Julie Reich

Executive Director

Kristin Jones

Program Director

Lisa O'Hara

Marketing Manager

Carol Eisenhardt

*Program &
Administrative Coordinator*

Lisa Heap

Accounting

Marci Silbert

Director of Development

Our Board of Trustees

Jim Connelly

President

Marianne Slamm

Vice President

Mark Grilli

Treasurer

Ginger Nadel

Secretary

Rodger Herrigel

Legal Counsel

Len Resto

Borough Counsel Liaison

Karen Swartz

Township Committee

Liaison

John Crouthamel

Sheila Goggins

Gordon Granger

Anne Greener

Nancy Kmiecik

Jay Maltby

Joyce Martinsen

Ruth Mirrer

Barbara Montague

Pam Rudy

Axlyn Sommer

Jim Urbelis

Grace Walsh

Community Ambassadors

Terry Berry

Anita Glynn

Vince Volpicelli

Doc Whipple

Board members participate 100% in the financial health of the Senior Center of the Chathams.