



Senior Center of the Chathams

Be Active. Be Connected.

2022 Annual Report

WHAT WE PROVIDED IN 2022

50+ programs and services...

**to more than
1,200 Older
Adults...**



**from more
than 6
Counties.**



Fitness and Wellness

Basketball, Exercise Classes, Line Dancing, Pickleball, Table Tennis, Tai Chi, Yoga, etc.

Enrichment

Book Groups, Bridge Lessons, Italian Lessons, Lectures, Performances, Watercolor Classes

Support & Connection

Social Activities, Parties, Support Groups & Counseling (run by a licensed clinical social worker), Discussion Groups

Information/Resource

Presentations/Assistance on Medicare, Navigating Community Resources, Tax Filing and Advanced Directives and Planning



Senior Center of the Chathams

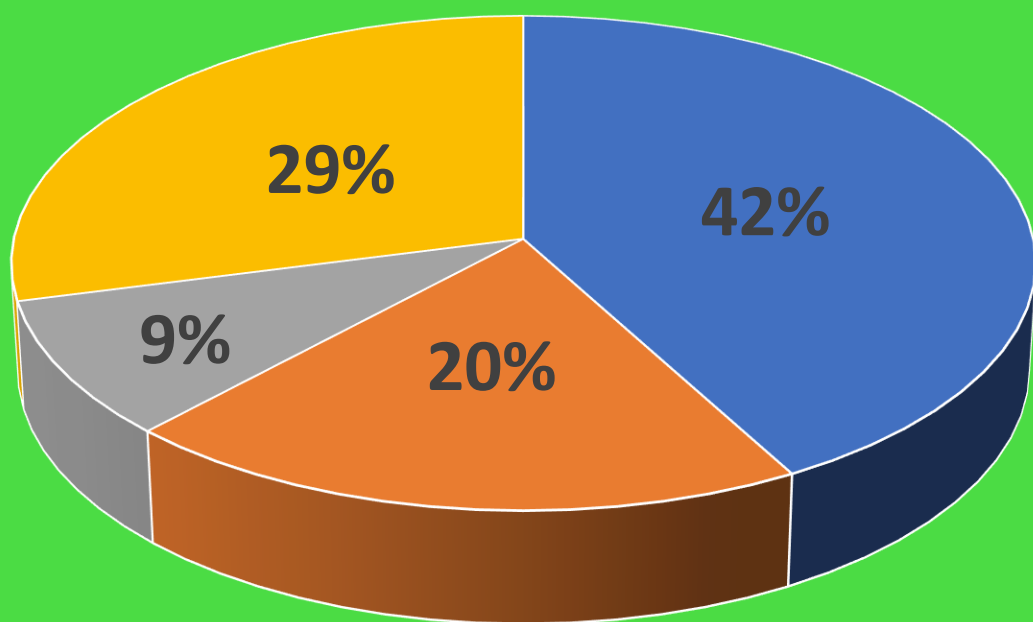
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HOW WE OPERATE

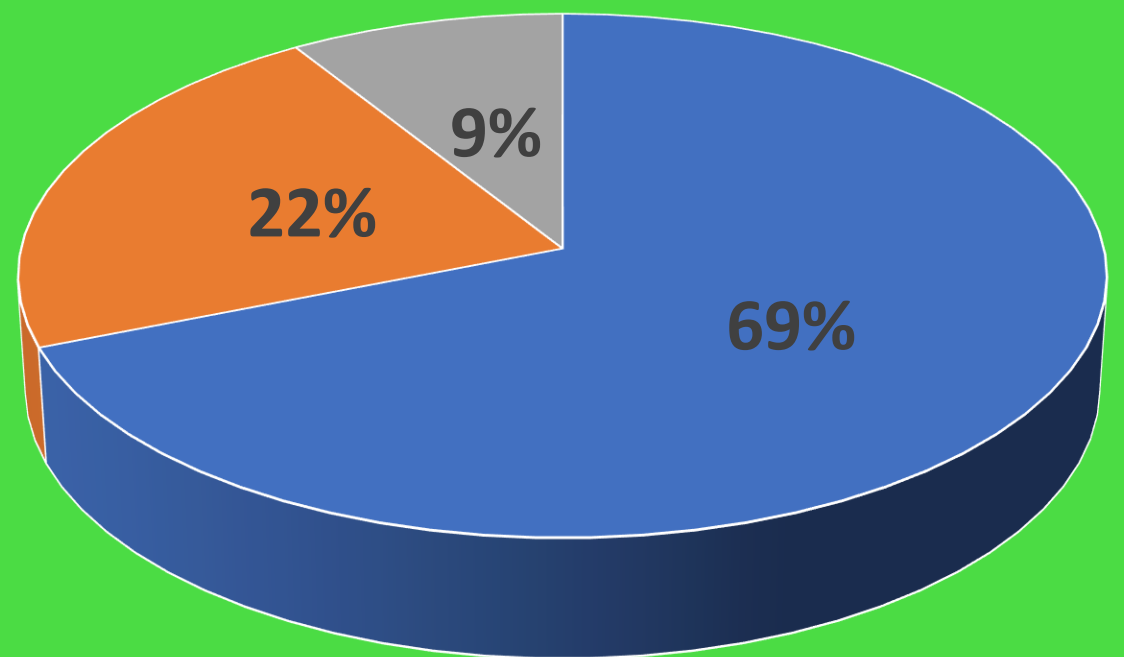
71% of our funding comes from fundraising and private grants

Income



- Fundraising
- Private Grants
- Program Revenue
- Municipal Grants

Expenses



- Program Services
- General Administration
- Fundraising

OUR MISSION STATEMENT

The Senior Center of the Chathams is a not-for-profit agency which encourages the independence and well-being of seniors and their families in the Chatham area by connecting them with each other and the community at large. Since 1990 we have helped older adults age in place by providing a wide array of activities and services that educate, empower and promote community engagement.