

FEBRUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	<p>AARP TAX PREP begins Monday, February 26th and runs until Monday, April 15th Sign up in the office or by calling the Senior Center (973) 635-4565</p>		1	2
10:00 Men's basketball 10:00 Canasta 11:00 Chess Club 11:00 Beginner Italian 12:00 Tai Chi 12:30 Table Tennis 1:00 Intermediate Italian 1:30 Line Dancing	6	7	8	9
10:00 Men's basketball 10:00 Canasta 11:00 Chess Club 11:00 Beginner Italian 12:00 Tai Chi 12:30 Table Tennis 1:00 Intermediate Italian 1:30 Line Dancing	9:00 Balance, Flex & Stretch (<i>int.</i>) 10:00 Grief Support (<i>closed</i>) 10:00 Pickleball 10:30 Documentary 11:00 SENIOR FRAUD PRESENTATION continued 12:20 Balance, Flex & Stretch (<i>gentle</i>) 12:30 Table Tennis (beg.) 12:30 Grief Support (<i>new</i>) 1:00 Women's Circle	9:00 Hatha Yoga (<i>int.</i>) 10:00 Beginner Bridge 10:00 Pickleball 12:30 Table Tennis 1:00 Nifty Knitters	9:30 Pickleball 10:00 Dup. Lite Bridge 10:00 Watercolor Class 12:20 Balance, Flex & Stretch (<i>gentle</i>) 12:30 Table Tennis (beg.) 12:30 Movie	9:00 Low Impact Cardio (<i>int.</i>) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 11:00 Writing Workshop 12:30 Table Tennis 12:30 Pickleball 1:00 Adv.Beg. Mahjong <i>In-class Tournament</i>
12	13	14	15	16
10:00 Men's basketball 10:00 Canasta 11:00 Chess Club 11:00 Beginner Italian 12:00 Tai Chi 12:30 POKENO 12:30 Table Tennis 1:00 Intermediate Italian 1:30 Line Dancing	9:00 Balance, Flex & Stretch (<i>int.</i>) 10:00 Grief Support (<i>closed</i>) 10:00 Pickleball 10:30 Documentary 12:00 VALENTINE'S CUPCAKE DECORATING 12:20 Balance, Flex & Stretch (<i>gentle</i>) 12:30 Table Tennis (beg.) 12:30 Grief Support (<i>new</i>) 1:00 Women's Circle	9:00 Hatha Yoga (<i>int.</i>) 10:00 Beginner Bridge 10:00 Pickleball 10:00 Fundamentals of Drawing 12:00 VALENTINE'S DAY PARTY ♥ ♥ 12:30 Table Tennis 1:00 Nifty Knitters	9:30 Pickleball 10:00 Dup. Lite Bridge 10:00 Watercolor Class 11:30 Crafter's Corner (part 1) 11:45 BP Screening 12:20 Balance, Flex & Stretch (<i>gentle</i>) 12:30 Table Tennis (beg.) 12:30 GEORGE WASHINGTON & MASONIC CONNECTION PRESENTATION	9:00 Low Impact Cardio (<i>int.</i>) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 11:00 Writing Workshop 11:30 Crafter's Corner (part 2) 12:00 COMMUNITY CONVERSATIONS 12:30 Table Tennis 12:30 Pickleball 1:00. Adv.Beg. Mahjong 2:00 TECHNOLOGY TIPS
19	20	21	22	23
<p>CENTER CLOSED PRESIDENTS DAY</p>	9:00 Balance, Flex & Stretch (<i>int.</i>) 10:00 Grief Support (<i>closed</i>) 10:00 Pickleball 10:30 Documentary 12:20 Balance, Flex & Stretch (<i>gentle</i>) 12:30 Table Tennis (beg.) 12:30 Grief Support (<i>new</i>) 1:00 Women's Circle 1:00 GET TO THE HEART OF HEALTH presentation 2:00 Fiction Book Club	9:00 Hatha Yoga (<i>int.</i>) 10:00 Beginner Bridge 10:00 Pickleball 12:00 PIZZA LUNCH 12:30 Table Tennis 12:45 Play Reading 1:00 Nifty Knitters	9:30 Pickleball 10:00 Dup. Lite Bridge 10:00 Watercolor Class 11:30 Pet Therapy 12:00 February Birthdays 12:20 Balance, Flex & Stretch (<i>gentle</i>) 12:30 Table Tennis (beg.) 12:30 Movie	9:00 Low Impact Cardio (<i>int.</i>) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 11:00 Writing Workshop 12:30 Table Tennis 12:30 Pickleball 1:00. Adv.Beg. Mahjong 1:00 Non Fiction Book Club
26	27	28	29	
10:00 Men's basketball 10:00 Canasta 11:00 Chess Club 11:00 Beginner Italian 12:00 Tai Chi 12:00 WINTER BIRDS & HOW TO FEED THEM with lunch 12:30 Table Tennis 1:00 Intermediate Italian 1:30 Line Dancing	9:00 Balance, Flex & Stretch (<i>int.</i>) 10:00 Grief Support (<i>closed</i>) 10:00 Pickleball 10:30 Documentary 12:00 APPLES TO APPLES 12:20 Balance, Flex & Stretch (<i>gentle</i>) 12:30 Table Tennis (beg.) 12:30 Grief Support (<i>new</i>) 1:00 Women's Circle	9:00 Hatha Yoga (<i>int.</i>) 10:00 Beginner Bridge 10:00 Pickleball 12:00 CHOCOLATE FONDUE PARTY 12:30 Table Tennis 1:00 Nifty Knitters	9:30 Pickleball 10:00 Dup. Lite Bridge 12:20 Balance, Flex & Stretch (<i>gentle</i>) 12:30 Table Tennis (beg.) 12:30 Movie 3:15 TECH SUPPORT	

