

Monday	Tuesday	Wednesday	Thursday	Friday
		1 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 10:00 Tech Help 12:00 CRAFT CORNER - 250th GARDEN ROCK KEEPSAKES 12:30 Table Tennis (exp.) 1:00 Nifty Knitters 1:30 LEARN TO CROCHET (1/6)	2 10:00 Pickleball 10:00 Intermediate Bridge 11:00 CELEBRATING AMERICA'S 250TH - BROADWAY BOOT CAMP, PATRIOTIC SING-ALONG, BBQ 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 1:15 Pickleball	3 CENTER CLOSED
		8 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 10:00 Tech Help 12:00 INTRO TO ZENTANGLES MEDITATIVE DOODLING 12:30 Table Tennis (exp.) 1:00 Nifty Knitters 1:30 LEARN TO CROCHET (2/6)	9 10:00 Pickleball 10:00 Duplicate Lite 10:00 Summer Open Art Studio 11:00 Monthly Birthday & Game 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 12:30 Movie 1:15 Pickleball	10 9:00 Stable & Able Exercise (int.) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 11:00 Fundamentals of Writing Workshop 12:15 Conversational Spanish Lessons 12:30 Table Tennis (exp.) 12:30 Play Reading 12:30 Pickleball 12:45 Advanced Mahjong
		15 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 10:00 Tech Help 12:00 HEARING LOSS & BRAIN HEALTH WITH LIGHT REFRESHMENTS 12:30 Table Tennis (exp.) 1:00 Nifty Knitters 1:30 LEARN TO CROCHET (3/6)	16 10:00 Pickleball 10:00 Intermediate Bridge 10:00 Summer Open Art Studio 11:00 Classic Movie & Discussion 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 1:15 Pickleball	17 9:00 Stable & Able Exercise (Int.) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 12:15 Conversational Spanish Lessons 12:30 Table Tennis (exp.) 12:30 Pickleball 12:45 Advanced Mahjong
6 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 11:30 Bingo 12:00 Tai Chi 12:30 Table Tennis (exp.) 12:30 SUMMER CORN HOLE 12:30 Advanced Bridge Open Play 1:30 Line Dancing	7 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Grief Support Group 10:00 Writing Wksp (Zoom) 10:30 Documentary 11:00 Scrabble 12:00 Backgammon 12:20 Balance, Flex & Stretch (gentle) 12:30 Grief Support* 1:00 Women's Circle 2:00 Table Tennis (beg.) 2:00 Open Cards	14 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Writing Workshop (Z) 10:00 Grief Support Group 10:30 Documentary 11:00 Scrabble 12:00 Backgammon 12:30 Grief Support* 1:00 Women's Circle 1:00 Fiction Book Group 1:15 Pickleball 2:00 Table Tennis (beg.) 2:00 Open Cards	13 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 12:00 Tai Chi 12:30 HEALTHY BRAIN HABITS BY ALZHEIMER'S NJ 12:30 Table Tennis (exp.) 12:30 SUMMER CORN HOLE 12:30 Advanced Bridge Open Play 1:30 Line Dancing	

Monday	Tuesday	Wednesday	Thursday	Friday
20 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 11:30 Bingo 12:00 Tai Chi 12:30 Table Tennis (exp.) 12:30 SUMMER CORN HOLE 12:30 Advanced Bridge Open Play 1:30 Line Dancing	21 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Grief Support Group 10:00 Writing Wksp (Zoom) 10:30 Documentary 11:00 Scrabble 12:00 Backgammon 12:20 Balance, Flex & Stretch (gentle) 12:30 Grief Support* 1:00 Women's Circle 2:00 Table Tennis (beg.) 2:00 Open Cards	22 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 10:00 Tech Help 12:00 SALSA DANCE LESSON 12:30 Table Tennis (exp.) 1:00 Nifty Knitters 1:30 LEARN TO CROCHET (4/6)	23 10:00 Pickleball 10:00 Duplicate Lite 10:00 Summer Open Art Studio 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 12:30 Movie 1:15 Pickleball	24 9:00 Stable & Able Exercise (int.) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 11:00 Fundamentals of Writing Workshop 12:15 Conversational Spanish Lessons 12:30 Table Tennis (exp.) 12:30 Pickleball 12:45 Advanced Mahjong 1:00 Nonfiction Book Group
27 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 12:00 Tai Chi 12:30 Table Tennis (exp.) 12:30 SUMMER CORN HOLE 12:30 Advanced Bridge Open Play 1:30 Line Dancing 	28 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Grief Support Group 10:00 Writing Wksp (Zoom) 10:30 Documentary 11:00 Scrabble 12:00 Backgammon 12:20 Balance, Flex & Stretch (gentle) 12:30 Grief Support* 1:00 Women's Circle 2:00 Table Tennis (beg.) 2:00 Open Cards	29 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Garden Club 10:00 Pickleball 10:00 Tech Help 11:00 BEGINNER WATERCOLOR PAINTING - CLASS 1 12:30 Table Tennis (exp.) 1:00 Nifty Knitters 1:30 LEARN TO CROCHET (5/6)	30 10:00 Pickleball 10:00 Intermediate Bridge 10:00 Summer Open Art Studio 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 12:30 Movie 1:15 Pickleball	31 9:00 Stable & Able Exercise (int.) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 11:00 Fundamentals of Writing Workshop 12:15 Conversational Spanish Lessons 12:30 Table Tennis (exp.) 12:30 Pickleball 12:45 Advanced Mahjong

*This group is at capacity. Please call to sign up for the morning session: 973-635-4565.

Monday	Tuesday	Wednesday	Thursday	Friday
3 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 11:30 Bingo 12:00 Tai Chi 12:30 Table Tennis (exp.) 12:30 Summer Corn Hole 12:30 Advanced Bridge Open Play 1:30 Line Dancing	4 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Grief Support Group 10:00 Writing Wksp (Zoom) 10:30 Documentary 11:00 Scrabble 12:00 Backgammon 12:20 Balance, Flex & Stretch (gentle) 12:30 Grief Support* 1:00 Women's Circle 2:00 Table Tennis (beg.) 2:00 Open Cards	5 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 10:00 Tech Help 11:00 BEGINNER WATERCOLOR PAINTING - CLASS 2 12:30 Table Tennis (exp.) 1:00 Nifty Knitters 1:30 LEARN TO CROCHET (6/6)	6 10:00 Pickleball 10:00 Intermediate Bridge 10:00 Summer Open Art Studio 10:30 Alzheimer's NJ Caregiver Support Group 11:00 Monthly Birthday & Game 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 12:30 Movie 1:15 Pickleball	7 9:00 Stable & Able Exercise (int.) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 11:00 Fundamentals of Writing Workshop 12:15 Conversational Spanish Lessons 12:30 Table Tennis (exp.) 12:30 Pickleball 12:45 Advanced Mahjong
10 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 12:00 Tai Chi 12:30 Table Tennis (exp.) 12:30 SUMMER CORN HOLE 12:30 Advanced Bridge Open Play 1:30 Line Dancing	11 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Writing Workshop (Zoom) 10:00 Grief Support Group 10:30 Documentary 11:00 Scrabble 12:00 Backgammon 12:20 Balance, Flex & Stretch (gentle) 12:30 Grief Support* 1:00 Women's Circle 2:00 Table Tennis (beg.) 2:00 Open Cards	12 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 12:00 CRAFT CORNER - MAKING HAND FANS 12:30 Table Tennis (exp.) 1:00 Nifty Knitters 	13 10:00 Pickleball 10:00 Intermediate Bridge 10:00 Summer Open Art Studio 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 12:30 Movie 1:15 Pickleball	14 9:00 Stable & Able Exercise (int.) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 11:00 Fundamentals of Writing Workshop 12:15 Conversational Spanish Lessons 12:30 Table Tennis (exp.) 12:30 Pickleball 12:30 Play Reading 12:45 Advanced Mahjong
17 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 12:00 Tai Chi 12:30 SUMMER CORN HOLE - AWARDS 12:30 Table Tennis (exp.) 12:30 Advanced Bridge Open Play 1:30 Line Dancing	18 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Writing Workshop (Z) 10:00 Grief Support Group 10:30 Documentary 12:00 Scrabble 12:20 Balance, Flex & Stretch 12:30 Grief Support* 1:00 Women's Circle 2:00 Table Tennis (beg.) 2:00 Open Cards	19 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 12:30 Table Tennis (exp.) 1:00 Nifty Knitters	20 10:00 Pickleball 10:00 Dup. Lite Bridge 10:00 Summer Open Art Studio 11:00 Classic Movie & Discussion 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 1:15 Pickleball	21 9:00 Stable & Able Exercise (Int.) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 11:00 Fundamentals of Writing Workshop 12:15 Conversational Spanish Lessons 12:30 Table Tennis (exp.) 12:30 Pickleball 12:45 Advanced Mahjong CENTER CLOSED 8/24-9/7