

Monday	Tuesday	Wednesday	Thursday	Friday
5 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 12:00 Tai Chi 12:30 CHILI FEST! 12:30 Table Tennis (exp.) 12:30 Advanced Bridge Open Play 1:30 Line Dancing	6 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Grief Support Group 10:00 Writing Wksp (Zoom) 10:30 Documentary 11:00 Scrabble 12:00 Backgammon 12:20 Balance, Flex & Stretch (gentle) 12:30 Grief Support* 1:00 Women's Circle 2:00 Table Tennis (beg.) 2:00 Open Cards	7 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 10:00 Tech Support 10:30 IMPROV WORKSHOP (1/5) 11:45 Free BP Screening 12:00 CRAFT CLASS: PUMPKIN PAINTING 12:30 Table Tennis (exp.) 1:00 Nifty Knitters	8 10:00 Pickleball 10:00 Intermediate Bridge 11:00 ALZHEIMER'S NJ PRESENTATION: HEALTHY BRAIN HABITS 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 12:30 Movie 1:15 Pickleball	9 9:00 Stable & Able Exercise (int.) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 11:00 Fundamentals of Writing Workshop 12:15 Conversational Spanish Lessons 12:30 Table Tennis (exp.) 12:30 Pickleball 12:45 Advanced Mahjong
12 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 12:00 Tai Chi 12:00 Bingo 12:30 Table Tennis (exp.) 12:30 Advanced Bridge Open Play 1:00 ART LEAGUE OF CHATHAMS: FALL ARTWORK TOUR 1:30 Line Dancing	13 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Grief Support Group 10:00 Writing Wksp (Zoom) 10:30 Documentary 11:00 Scrabble 12:00 Backgammon 12:20 Balance, Flex & Stretch (gentle) 12:30 Grief Support* 1:00 Women's Circle 2:00 Table Tennis (beg.) 2:00 Open Cards	14 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 10:00 Tech Support 10:30 IMPROV WORKSHOP (2/5) 12:00 LOST CITIES OF THE MAYA 12:30 Table Tennis (exp.) 1:00 Nifty Knitters	15 10:00 Pickleball 10:00 Duplicate Lite 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 12:30 Movie 1:00 TRAVELING ALLENS: LONDON, STONE HENGE, GIBRALTAR & GREENWICH 1:15 Pickleball	16 9:00 Stable & Able Exercise (int.) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 11:00 Fundamentals of Writing Workshop 12:15 Conversational Spanish Lessons 12:30 Table Tennis (exp.) 12:30 Pickleball 12:30 Play Reading 12:45 Advanced Mahjong



Senior Center of the Chathams
 58 Meyersville Road (lower level), Chatham, NJ
 973-635-4565
chathamseiorcenter.or
 Weekdays, 9AM-3PM, Tuesdays until 4PM

Monday	Tuesday	Wednesday	Thursday	Friday
19 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:00 Photography Club 10:30 Chess Club 12:00 Tai Chi 12:30 OUR CRIMINAL JUSTICE SYSTEM 12:30 Table Tennis (exp.) 12:30 Advanced Bridge Open Play 1:30 Line Dancing	20 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Writing Workshop (Z) 10:00 Grief Support Group 10:30 Documentary 11:00 Scrabble 12:00 Backgammon 12:20 Balance, Flex & Stretch (gentle) 12:30 Grief Support* 1:00 Women's Circle 1:15 Pickleball 2:00 Table Tennis (beg.) 2:00 Open Cards	21 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 10:00 Tech Support 10:30 IMPROV WORKSHOP (3/5) 12:00 REVOLUTIONS THAT SAVED THE WORLD 12:30 Table Tennis (exp.) 1:00 Nifty Knitters 1:00 MAKE CUSTOM GREETING CARDS FOR FALL WITH BEV DEBONA	22 10:00 Pickleball 10:00 Intermediate Bridge 10:30 Advanced Watercolor Class (1/6)** 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 12:30 Classic Movie & Discussion 1:15 Pickleball	23 9:00 Stable & Able Exercise (Int.) 10:00 Men's Basketball 10:00 Self Discovery 11:00 Fundamentals of Storytelling Writing Workshop 10:30 Men's Disc. Group 12:15 Conversational Spanish Lessons 12:30 Table Tennis (exp.) 12:30 Pickleball 12:45 Advanced Mahjong 1:00 Nonfiction Book Club PAPER SHRED AT CMS ON SATURDAY - 9AM-NOON
26 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 12:00 Tai Chi 12:00 Bingo 12:30 Table Tennis (exp.) 12:30 Advanced Bridge Open Play 1:00 MEDICARE ENROLLMENT INFO FOR 2027 1:30 Line Dancing	27 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Grief Support Group 10:00 Writing Wksp (Zoom) 10:30 Documentary 11:00 Scrabble 12:00 Backgammon 12:20 Balance, Flex & Stretch (gentle) 12:30 Grief Support* 1:00 Women's Circle 1:00 Fiction Book Group 2:00 Table Tennis (beg.) 2:00 Open Cards	28 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 10:00 Garden Club 10:30 IMPROV WORKSHOP (4/5) 10:00 Tech Support 12:00 WEST SIDE STORY 12:30 Table Tennis (exp.) 1:00 Nifty Knitters	29 10:00 Pickleball 10:00 Duplicate Lite 10:30 Advanced Watercolor Class (2/6)** 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 12:30 Movie 1:15 Pickleball	30 9:00 Stable & Able Exercise (Int.) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 11:00 Fundamentals of Storytelling Writing Workshop 12:15 Conversational Spanish Lessons 12:30 Table Tennis (exp.) 12:30 Pickleball 12:45 Advanced Mahjong 1:00 HAUNTED HOUSE MURDER MYSTERY GAME

****PAPER SHRED SATURDAY, OCTOBER 24,
 9AM-NOON, CHATHAM MIDDLE SCHOOL (CMS)
 RAIN OR SHINE****

*This support group is at capacity. Please call to sign up for the morning session: 973-635-4565.

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