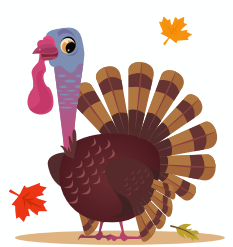


Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 12:00 Tai Chi 12:00 Bingo 12:30 Table Tennis (exp.) 12:30 Advanced Bridge Open Play 1:30 Line Dancing	3 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Grief Support Group 10:00 Writing Wksp (Zoom) 10:30 Documentary 11:00 Scrabble 12:00 Backgammon 12:20 Balance, Flex & Stretch (gentle) 12:30 Grief Support* 1:00 Women's Circle 2:00 Table Tennis (beg.) 2:00 Open Cards	4 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 10:00 Tech Support 10:30 IMPROV WORKSHOP 11:00 Tech Made Easy with Jin - New! 11:45 Free BP Screening 12:00 CRAFT CLASS: Zentangles on Canvas 12:30 Table Tennis (exp.) 1:00 Nifty Knitters 1:00 BEGINNER MAHJONG MENTOR-GUIDED OPEN PLAY	5 10:00 Pickleball 10:00 Intermediate Bridge 10:00 Advanced Watercolor Class** 11:00 ALZHEIMER'S NJ Caregiver Support Group*** 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 12:30 Movie	6 9:00 Stable & Able Exercise (int.) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 11:00 Fundamentals of Writing Workshop 12:15 Conversational Spanish Lessons 12:30 Table Tennis (exp.) 12:30 Pickleball 12:45 Advanced Mahjong
9 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 12:00 Tai Chi 12:30 Table Tennis (exp.) 12:30 Advanced Bridge Open Play 1:00 THE GIFT OF LIFE & CARD TRICKS 1:30 Line Dancing	10 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Grief Support Group 10:00 Writing Wksp (Zoom) 10:30 Documentary 11:00 Scrabble 12:00 Backgammon 12:20 Balance, Flex & Stretch (gentle) 12:30 Grief Support* 1:00 Women's Circle 2:00 Table Tennis (beg.) 2:00 Open Cards	11 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 10:00 Tech Support 10:30 IMPROV WORKSHOP 11:00 VETERANS DAY CELEBRATION: PIZZA & THE PETTITS 12:30 Table Tennis (exp.) 1:00 Nifty Knitters 1:00 Beginner Mahjong Mentor-Guided Open Play	12 10:00 Pickleball 10:00 Duplicate Lite 10:00 Advanced Watercolor Class** 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 12:30 Movie	13 9:00 Stable & Able Exercise (int.) 10:00 Men's Basketball 10:00 Self Discovery 10:30 Men's Disc. Group 11:00 Fundamentals of Writing Workshop 12:15 Conversational Spanish Lessons 12:30 Table Tennis (exp.) 12:30 Pickleball 12:45 Advanced Mahjong 1:00 CRAFT CLASS WITH DREW UNIVERSITY SOFTBALL TEAM

*This support group is at capacity. Please call to sign up for the morning session.
 **Class is at capacity.
 ***Must register first at www.alznj.org to attend. No walk-ins.

November

Senior Center of the Chathams
 58 Meyersville Road (lower level), Chatham, NJ
 973-635-4565
chathamseniorcenter.org
 Weekdays, 9AM-3PM, Tuesdays until 4PM

Monday	Tuesday	Wednesday	Thursday	Friday
16 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 12:00 Tai Chi 12:00 Bingo 12:30 Table Tennis (exp.) 12:30 Advanced Bridge Open Play 1:30 Line Dancing	17 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Writing Workshop (Z) 10:00 Grief Support Group 10:30 Documentary 11:00 Scrabble 12:00 Backgammon 12:20 Balance, Flex & Stretch (gentle) 12:30 Grief Support* 1:00 Women's Circle 1:15 Pickleball 2:00 Table Tennis (beg.) 2:00 Open Cards	18 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 10:00 Tech Support 10:30 IMPROV WORKSHOP 11:00 TOWN & COUNTRY GARDEN CLUB HOLIDAY MUG FLORALS WKSP 12:30 Table Tennis (exp.) 1:00 Nifty Knitters 1:00 Beginner Mahjong Mentor-Guided Open Play	19 10:00 Pickleball 10:00 Intermediate Bridge 10:00 Advanced Watercolor Class** 12:20 Balance, Flex & Stretch (gentle) 12:30 Table Tennis (beg.) 12:30 Classic Movie & Discussion	20 9:00 Stable & Able Exercise (Int.) 10:00 Men's Basketball 10:00 Self Discovery 11:00 Fundamentals of Storytelling Writing Workshop 10:30 Men's Disc. Group 12:15 Conversational Spanish Lessons 12:30 Table Tennis (exp.) 12:30 Pickleball 12:30 Monthly Playreading 12:45 Advanced Mahjong 1:00 Nonfiction Book Club
23 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 12:00 Tai Chi 12:30 Table Tennis (exp.) 12:30 Advanced Bridge Open Play 1:30 Line Dancing	24 9:00 Balance, Flex & Stretch (Int.) 10:00 Pickleball 10:00 Grief Support Group 10:00 Writing Wksp (Zoom) 10:30 Documentary 11:00 Scrabble 12:00 Backgammon 12:20 Balance, Flex & Stretch (gentle) 12:30 Grief Support* 1:00 Women's Circle 2:00 Table Tennis (beg.) 2:00 Open Cards	25 9:00 Hatha Yoga (int.) 10:00 Beginner Bridge 10:00 Pickleball 10:00 Tech Support 10:00 Garden Club 12:30 Table Tennis (exp.) 1:00 Nifty Knitters 1:00 Beginner Mahjong Mentor-Guided Open Play	26 CENTER CLOSED THANKSGIVING 	27 CENTER CLOSED MONDAY, 11/30 9:30 Canasta - Experienced 10:00 Canasta - New to Game 10:00 Men's Basketball 10:30 Chess Club 12:00 Tai Chi 12:00 Bingo 12:30 Table Tennis (exp.) 12:30 Advanced Bridge Open Play 1:30 Line Dancing

November